

Community action, help and advice

Many services are still running to help provide care and support to those most at need in our communities. Could you help?

There are lots of initiatives and local action groups at this time if you are able to offer help. Here are just a few of the ways in which you might consider helping or accessing help and advice. Keep sharing your own local initiatives and networks too!

Nazarene Compassionate Ministries (NCM)

NCM partners with local churches around the world to clothe, shelter, feed, heal, educate, and live in solidarity with those in need. At this present time you can read about, pray and help to support various ministries around the world seeking to support people through this outbreak of COVID-19.

Facebook: <https://www.facebook.com/nazcompassion/>

Website: <https://www.ncm.org/>

COVID-19 specific page: <https://www.ncm.org/covid19>

Child Sponsorship during Covid-19: <https://www.ncm.org/blog/ministryduringcovid19>

Manchester Community Central

MCC have a designated website that includes listings of organisations who need people to help, options to register your interest as a volunteer, and information about mutual aid groups – all working to support responses to the COVID-19 outbreak.

<https://www.manchestercommunitycentral.org/coronavirus-advice-and-resources>

- [I want to volunteer to help](#) – COVID-19 Community Volunteering
 - [Register your organisation](#) if they need volunteers or help
 - [Mutual Aid Groups](#)
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BOAZ/Longsight Church Night Shelter

Contact Simon Crane if you can cook a hot meal (with disposable containers and cutlery) or deliver to their doorstep (or both!).

The men who would usually be guests at our Friday Night Shelter are currently guests in houses in Gorton/Longsight (M18 7QG, 6 guys) and Stretford (M32 0DN, 3 guys).

Simon can provide disposable takeaway boxes and cutlery if needed ☺

Contact Simon Crane for more information: psy.crane@gmail.com

Longsight and Ardwick Foodbank

You can still help our foodbank!

At the moment the foodbank is still open on Monday to give food parcels (reviewed weekly). You are welcome to offer to help in person.

Our foodbank is still welcoming donations of food but is now looking to limit the food options given to people to ensure that they can provide them with the most vital food to get them through this time. Financial donation help the foodbank to buy the most needed items during this time.

Financial donations can be made:

- Via their website: www.ardwickandlongsightfoodbank.org.uk using the donate link. All donations go into an account dedicated to the food bank.
- By bank transfer, the details needed are: Command Prayer Centre, HSBC, Sort code 40-22-08, Account number 61462733, referenced for Food Bank.
- Or a cheque made out to Command Prayer Centre can be brought or sent at TCRC, First Floor, Richmond House, 11 Richmond Grove, Manchester M13 0LN. We are open from 1-3pm on Mondays.
- Via our website: www.ardwickandlongsightfoodbank.org.uk using the donate link. All donations go into an account dedicated to the food bank.
- By bank transfer, the details needed are: Command Prayer Centre, HSBC, Sort code 40-22-08, Account number 61462733, referenced for Food Bank.
- Or a cheque made out to Command Prayer Centre can be brought or sent to TCRC, First Floor, Richmond House, 11 Richmond Grove, Manchester M13 0LN. We are open from 1-3pm on Mondays.

Didsbury and Chorlton Foodbank

Open three sessions per week (reviewed weekly) and vouchers can be issued remotely call 0161 446 4805

<https://chorltondidsbury.foodbank.org.uk/>

Humans Manchester

A local initiative currently focused on distributing food parcels covering Greater Manchester with distribution points in the Longsight and Withington areas.

Find out more about food delivery parcels on their Facebook page.
You can also donate items or volunteer to distribute parcels to doorsteps.

Facebook: [Humans MCR](#)

Call: Rachel 07426 835535

Email: humansmcr@gmail.com

Donate through GoFundMe:

https://www.gofundme.com/f/coronaviruscare-greatermanchester?utm_medium=copy_link&utm_source=customer&utm_campaign=p_na+share-sheet&rcid=0910842d77e24786a26775687570767f

Greater Manchester Together

Greater Manchester Together have a Facebook Group to help community and faith based front line services stay connected, share ideas and best practice, concerns or problems.

Facebook: Greater Together Manchester

Wythenshawe Good Neighbours Telephone Befriending Scheme

A phone scheme for people living alone, in self-isolation, or over 65. Contact Marie on 0787 528 6866 or Sam on 0781 696 0025

If you would like to volunteer to be a friendly voice at the end of the phone To volunteer or to make a referral contact Sam on 0781 696 0025 / email: assist.thegpprojects@outlook.com or Marie on 0787 528 6866 or thegpprojects@live.co.uk

Coronavirus advice in 34 languages

Doctors of the World have shared Coronavirus (COVID-19) advice for patients in 34 languages, which were produced in partnership with the British Red Cross, Migrant Help and Clear Voice

<https://www.manchestercommunitycentral.org/news/coronavirus-advice-now-available-34-languages>

Manchester City Council Hub

A new coronavirus support centre and hotline have been set up to coordinate vital support for Manchester's most vulnerable people, to help them cope with the impacts of the coronavirus outbreak, including vulnerable people self-isolating without friends or family to help them.

From March 30th 2020 the new Manchester council hub will coordinate food parcels, medicine and fuel top-up payments for people with no support network, as well as those who have been told by the NHS they are high-risk. There will also be help for other groups of people including carers and care leavers.

The hotline open Monday to Saturday, 8.30am to 5.30am

Phone: 0800 234 6123.

Initially support will be extended to:

- People over the age of 70 who are self isolating and have no support network
- People who have received a letter from the NHS advising they are at higher risk or are medically vulnerable according to government criteria
- Those who are self-isolating with no support networks (i.e. friends or family)

Help will also be available, but not limited to, other groups such as carers, care leavers or young carers.

The primary needs that call handlers are expected to deal with include, but are not limited to:

- Delivery of food
- Delivery of medication
- Combating loneliness
- Managing fuel top-up payments

Information regarding energy suppliers and self isolating

Phone them if you have a prepay meter tell them your self-isolating and they will send you out 2 weeks' worth of gas / electricity or if you have a smart meter they will provide top ups.

BRITISH GAS 0333 202 9802

EDF 03332005100

EON 0345 052 000

N POWER 0800 073 3000

SCOTTISH POWER 08000270072

SSE 0345 026 2658

ESOL Classes

Manchester Esol – www.manchesteresol.org – have now added Learn English at home to their website to provide links to useful websites and YouTube videos that learners can use to practise English. There's a drop-down menu by level where activities are broken down by topic or skill containing links to resources for that level e.g. speaking & listening, writing, grammar, vocabulary:

- <https://manchesteresol.org/learn-at-home/>
- <https://manchesteresol.org/learn-at-home/pre-entry/>
- <https://manchesteresol.org/learn-at-home/entry-1/>
- <https://manchesteresol.org/learn-at-home/entry-2/>
- <https://manchesteresol.org/learn-at-home/entry-3/>
- <https://manchesteresol.org/learn-at-home/level-1/>

<https://manchesteresol.org/learn-at-home/level-2/>

Please pass on to people who may like to access these resources.
